

GROUP HARMONY SINGING

Developed by Mehmet Husseyin for 2QAB CIC

AIMS & OBJECTIVES

To:

- bring people together to work as a unit/team in developing team/group spirit
- exercise individuals musical skills without any hierarchy attached
- start from where people are at
- develop a sense of common unity whilst breaking down any barriers

METHOD

- Establish group attention
- Brief introduction to key aspects of folk music
- Establish 3 or 4 groups depending on harmony within song being sung
- Get groups to familiarise themselves with their voices (letting go)
- Practise breathing techniques
- Energise individuals to warm up with some physical activity accompanied by music to encourage them to relax into the group environment
- Use humour wherever possible to put people at ease
- Teach groups all of the harmony parts of song
- Offer choice to groups as to which parts they would prefer to sing
- Teach each group their harmony
- Facilitate each group to learn their harmony
- Facilitate groups to sing collectively
- Facilitate groups to listen to each harmony to help form a greater harmony
- Facilitate groups to start at a low volume, increasing to a crescendo
- Encourage groups to move around in the workshop space, maintaining their harmonies whilst listening to the other harmonies within the whole

OUTCOMES FOR LEARNERS

- Developing listening skills
- Learning breathing techniques
- Developing team building skills
- Building self confidence and self esteem
- Enabling people to find their voice
- Encourages the breaking down of barriers and helping people face fear and inhibition in a group setting

EXTENSIONS

- Swap harmonies so that each group tries each harmony
- Ask individuals if they can improvise using aspects of what they have initially learned
- Discuss narrative within song

EVALUATION

- Self evaluation, asking each individual in the whole group to feedback what they enjoyed, what they learned and what they felt emotionally